Treatments and Therapy Outline

1. Biological Treatments for Mental Disorders
2. Drugs Commonly Prescribed for Mental Disorders
3. Antipsychotic Drugs- Explain, Examples of Drug, Examples of Disorders
4. Antidepressant Drugs- Explain, Examples of Drug, Examples of Disorders
5. Tranquilizers- Explain, Examples of Drug, Examples of Disorders
6. Lithium Carbonate- Explain, Examples of Drug, Examples of Disorders
7. Cautions About Drug Treatments
8. Name and Explain
9. Name and Explain
10. Name and Explain
11. Name and Explain
12. Direct Brain Intervention
13. Explain the different types and reasons they are used
14. Kinds of Psychotherapy
15. Psychodynamic Therapy
16. Psychoanalysis- Explain
17. Psychodynamic Therapy- Explain
    1. Object Relations Theory- Explain
18. Behavior and Cognitive Therapy
19. Behavioral Techniques- Explain
    1. Systematic Desensitization- Explain
    2. Graduated Exposure- Explain
    3. Behavioral Self-Monitoring- Explain
    4. Skills Training- Explain
20. Cognitive Techniques
    1. Cognitive Therapy- Explain
    2. Rational Emotive Behavior Therapy
    3. Becks Therapy- Explain
    4. Cognitive-Behavior Therapy- Explain
21. Humanist and Existential Therapy
    1. Humanist Therapy- Explain
    2. Client-Centered (Nondirective) Therapy- Explain
    3. Existential Therapy- Explain
22. Family and Couples Therapy
    1. Family Therapy- Explain
    2. Family-Systems Perspectives- Explain
    3. Couples Therapy- Explain
23. Psychotherapy in Practice
    1. Integrative Approach- Explain
    2. All successful therapies….?
24. Evaluating Psychotherapy
25. The Scientist-Practitioner Gap
    1. What is it? Why does it happen?
26. The Therapeutic Alliance- Explain
    1. Qualities of Participants- Explain
    2. Culture and the Therapeutic Connection- Explain
27. When Therapy Helps
    1. Problems of Assessing Therapy- Explain
       1. Placebo Effect-
       2. Justification of Effort Effect-
       3. Randomized Control Trials-
    2. What Works?
       1. Depression
       2. Anxiety Disorders
       3. Anger and Impulsive Violence
       4. Health Problems
       5. Childhood and Adolescent Behavior
       6. Schizophrenia
       7. Why wont one type help sometimes? What happens then?
28. When Therapy Harms
    1. Name and Explain
    2. Name and Explain
    3. Name and Explain
    4. Name and Explain